

*The Seminary Wives Institute*  
SWI 102 Winter/Spring 2010  
*“Becoming a Woman of Excellence in My Home”*  
“For all my people in the city know that you are a woman of excellence.” Ruth 3:11

**1/18: In Joy and In Sorrow: Trusting God Through the Ups and Downs of Life  
(Meredith Winnberg)**

We know from Scripture that God is sovereign and in control of all things, but how can this truth be applied practically in my life when things don't seem to go “just right?” What should be my Biblical response to life's seeming “curve balls?” What do I need to know about God? What do I need to know about myself? How can I be preparing my heart now so that I can have a Biblical response when difficult circumstances arise? **Mrs. Meredith Winnberg** will address these questions and more as we look at God's Word as well as the godly example of early American Puritan poet Anne Bradstreet.

**1/25: Homemaking: Clean and Organized (Jennifer Lee)**

Homemaking, although not a popular topic in our day, is a key responsibility of a godly wife. When you think about laundry, dusting, ironing, mopping, organizing, and all that goes into taking care of your home, thoughts of dread may follow. Whether housework and organizing feel a bit overwhelming or you just need some ideas to simplify your life, you will receive a straightforward plan along with many helpful ideas to create a well-ordered home. **Mrs. Jennifer Lee** will encourage you to develop a well thought-out plan so that you will be able to care for your home in a way that will be a great help to both you and your family.

**2/1: Homemaking: Cooking and Meal Planning (Elizabeth Elwart)**

The family dinner table should be a regular place of fellowship where we can interact with those with whom God has so graciously given to us. Unfortunately, today's family dinner table is all but missing from our homes. It might be that the thought of putting together a delicious, budget-friendly meal is overwhelming and exhausting or that pulling off dinner in the midst of all the activities and responsibilities of everyday life is a logistical struggle. **Mrs. Elizabeth Elwart** will give you fresh ideas regardless of your family size or budget. Come prepared to learn simple yet effective ways to plan a menu, maximize your grocery budget, and make delicious meals.

**2/8: Guarding Your Heart—Protecting Your Home from the World  
(Marcia Aloisi)**

What is shaping you? Is it the Word or the world? Every day our homes are bombarded by popular media, and as Christians we are called to exercise discernment. In this session, **Mrs. Marcia Aloisi** will help us consider how texts written two thousand years ago impact the decisions we make in the 21<sup>st</sup> century and how they can help us discern what is good, spiritually beneficial, and morally appropriate.

### **2/15: Hospitality—Blessing or Burden? (Faith White)**

In this session, we will discuss all things hospitality. Where do I start? How do I do it? How can I practice it cheerfully when I am nervous about doing it right? Why is it necessary? The *who*, *what*, *where*, *when*, and *why* of hospitality will be considered, and practical ideas for food and entertainment will be presented. **Mrs. Faith White** will encourage and inspire us as we come with questions and leave with ideas for our next gathering.

### **3/1: Time Management (Amy Johnson)**

We all have 24 hours a day, 7 days a week—right? God has entrusted us with those “24/7” moments to use for His glory. **Mrs. Amy Johnson** will challenge us on wise time management that will help us redeem time for eternal value and God’s glory. She will help us to see that wise time management is not simply a list of what to do and what not to do each day, but rather, it is a matter of making God’s priorities our priorities.

### **3/8: Bible-Based Finances (Claudia Doran)**

Money, money, money—one thing we all know about money is that it doesn’t grow on trees! We need money to live, we need to understand how money works, and we need to be good stewards of the money God has given to us. How can I honor God with the way I use my money? How can I live within my means—in a materialistic society? What does a realistic budget look like? These questions and more will be addressed as **Mrs. Claudia Doran** challenges us to honor God with our finances.

### **3/15: Biblical Parenting: The Younger Years (Jena’ Bowen)**

What are your goals for parenting? Do you *have* goals for that matter? Are you just trying to survive? Is it possible to have well-behaved, happy toddlers? In “Biblical Parenting: The Younger Years,” we will explore the answers to these questions and many more. God’s Word is rich in truths that will guide you through this exciting, “never-a-dull-moment” stage of life. **Mrs. Jena’ Bowen** will share some practical ideas concerning discipline, devotions, and how to handle a young child’s questions about salvation. Come ready to be encouraged in implementing the transforming power of the gospel in your family!

### **3/22: Biblical Parenting: The Older Years (Mari Compton)**

We’ve all heard parents complaining about the challenges they face as parents of teens. Suddenly their sweet, obedient children have turned into monsters driven by raging hormones. These years obviously present tremendous challenges *and* tremendous opportunities for parents and their teens. **Mrs. Mari Compton** will point us to biblical guidelines in raising our teens in three areas: their spiritual lives, their physical maturation, and their relationships with friends and family. By fostering biblical goals in these areas, we can help our teens grow into independent adults.

### **4/12: Question and Answer Panel**

A panel of ladies will be answering your pre-submitted questions about topics covered this semester. As the semester progresses and you have a question about a particular topic, jot it down, and turn it in for the panel discussion. It is helpful to have a variety of panelists giving different perspectives on the topics covered this semester. The Q&A panel also provides a good venue to review the subjects covered and to contemplate what the Lord has taught us this semester.